

Staying Free

“It is for freedom that Christ has set us free. Stand firm, then, and do not let yourselves be burdened again by a yoke of slavery.” – Galatians 5:1 (NIV)

10 ways to stay free:

1. **Submit to the Lord and choose freedom daily (be cognizant of what you have, be obedient to the conviction of the Lord, and remain in your freedom) – James 4:7; Colossians 3:5-6**
2. **Spend time in the Word and prayer (daily) – 1 Thessalonians 5:16-18; Colossians 3:1-4**
3. **Memorize and meditate on the Word (renew your mind) – Psalms 1:1-3; Romans 12:1-2**
4. **When trials happen, keep coming back to the Lord (don’t try to handle it alone) – John 16:33; James 1:2-5**
5. **Repent quickly, forgive quickly (others and ourselves) – Romans 6:1-6; Hebrews 12:15**
6. **Think about what you are thinking about (Practice the 5 R’s to Victory in Your Thought Life) – 2 Corinthians 10:5**
7. **Guard Your Heart (evaluate what you are taking in) – Proverbs 4:23**
8. **Put on the Armor of God and enforce your authority in Christ (fight) – Ephesians 6:10-18**
9. **Fellowship with the like-minded (iron sharpens iron) – Proverbs 27:17**
10. **Practice God’s presence through prayer, praise and worship (daily) – John 15:1-11; Psalm 100:4-5**

How will you stay free?
